

1 **MANAGING STUDENT BEHAVIORS IN EMERGENCY SITUATIONS**
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3 Physical restraint and seclusion may only be used by Alexandria City School Board (Board) staff
4 for the purpose of behavioral intervention in accordance with this policy and the Virginia Board
5 of Education Regulations Governing the Use of Seclusion and Restraint in Public Elementary and
6 Secondary Schools in Virginia. The Board encourages the use of positive behavioral interventions
7 and supports to reduce and prevent the need for the use of physical restraint and seclusion.
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9 The superintendent is responsible for developing procedures to address the requirements of the
10 Virginia Board of Education Regulations. Those procedures must include:

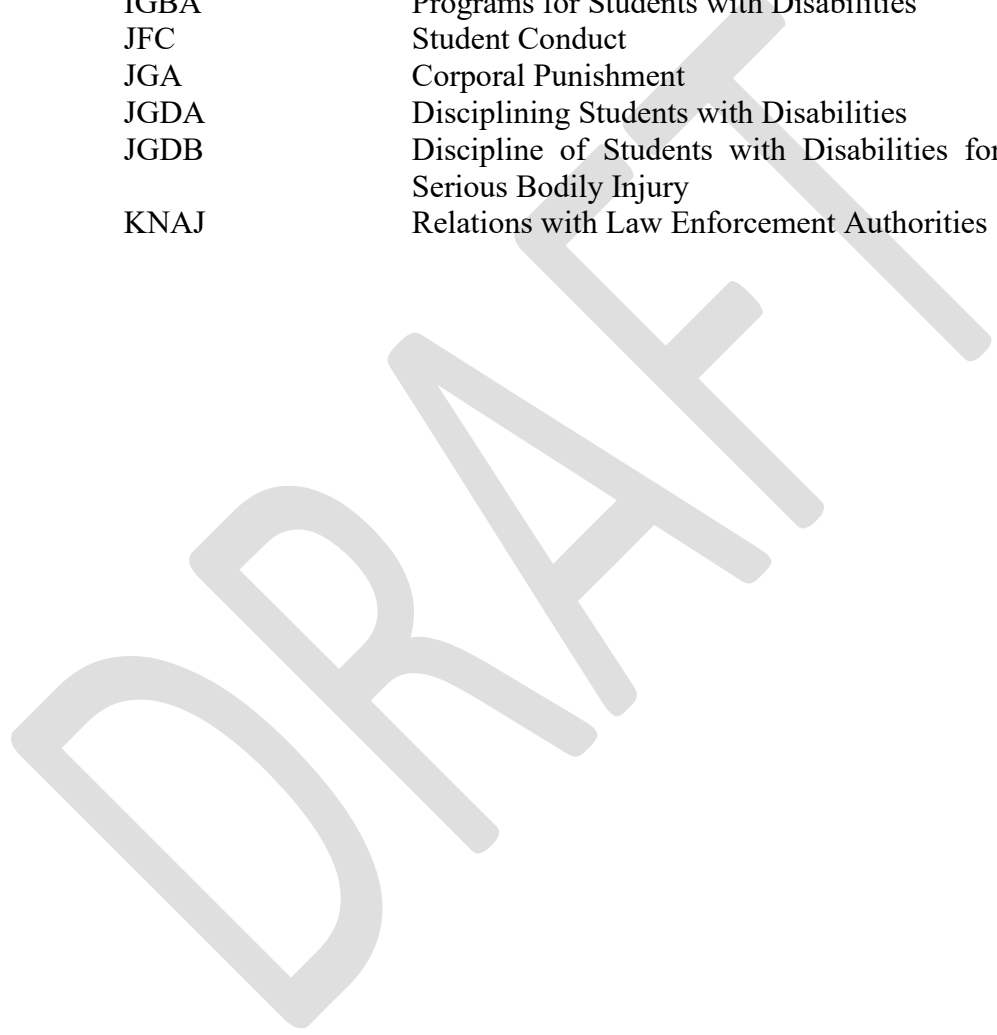
- 11 ● examples of the positive behavioral interventions and support strategies consistent with the
12 student's rights to be treated with dignity and to be free from abuse in the interventions that
13 the school division uses to address student behavior, including the appropriate use of
14 effective alternatives to physical restraint and seclusion;
- 15 ● a description of initial and advanced training for school personnel that addresses
16 appropriate use of effective alternatives to physical restraint and seclusion and the proper
17 use of restraint and seclusion;
- 18 ● a statement of the circumstances in which physical restraint and seclusion may be
19 employed, which shall be no less restrictive than that set forth in 8 VAC 20-750-40 and 8
20 VAC 20-750-50;
- 21 ● provisions addressing the
 - 22 ○ notification of parents regarding incidents of physical restraint or seclusion,
23 including the manner of such notification;
 - 24 ○ documentation of the use of physical restraint and seclusion;
 - 25 ○ continuous visual monitoring of the use of any physical restraint or seclusion to
26 ensure the appropriateness of such use and the safety of the student being physically
27 restrained or secluded, other students, school personnel, and others. These
28 provisions shall include exceptions for emergency situations in which securing
29 visual monitoring before implementing the physical restraint or seclusion would, in
30 the reasonable judgment of the school personnel implementing the physical
31 restraint or seclusion, result in serious physical harm or injury to persons;
 - 32 ○ securing of any room in which a student is placed in seclusion. These provisions
33 shall ensure that any seclusion room or area meet specifications for size and
34 viewing panels that ensure the student's safety at all times, including during a fire
35 or other emergency; and
 - 36 ○ the appropriate use and duration of seclusion based on the age and development of
37 the student.

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39 The Board reviews this policy at least annually and updates it as appropriate. The Superintendent
40 reviews the procedures at least annually and updates them as appropriate.
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43 Adopted: June 11, 2015
44 Amended: February 18, 2021
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47 Legal Ref.: Code of Virginia, 1950, as amended, §§ 22.1-16, 22.1-78, 22.1-279.1, 22.1-279.1:1.
48 8 VAC 20-750-40.
49 8 VAC 20-750-50.
50 8 VAC 20-750-70.

51
52 Cross Refs.: BF Board Policy Manual
53 CH Policy Implementation
54 EB School Crisis, Emergency Management, and Medical
55 Emergency Response Plan
56 IGBA Programs for Students with Disabilities
57 JFC Student Conduct
58 JGA Corporal Punishment
59 JGDA Disciplining Students with Disabilities
60 JGDB Discipline of Students with Disabilities for Infliction of
61 Serious Bodily Injury
62 KNAJ Relations with Law Enforcement Authorities



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Commented [1]: The content of the existing policy has been relocated to Regulation JM-R. The new policy is the VSBA model policy.

Physical restraint and seclusion may only be used by Alexandria City School Board (Board) staff for the purpose of behavioral intervention in accordance with this policy and the Virginia Board of Education Regulations Governing the Use of Seclusion and Restraint in Public Elementary and Secondary Schools in Virginia. The Board encourages the use of positive behavioral interventions and supports to reduce and prevent the need for the use of physical restraint and seclusion.

The superintendent is responsible for developing procedures to address the requirements of the Virginia Board of Education Regulations. Those procedures must include:

- examples of the positive behavioral interventions and support strategies consistent with the student's rights to be treated with dignity and to be free from abuse in the interventions that the school division uses to address student behavior, including the appropriate use of effective alternatives to physical restraint and seclusion;
- a description of initial and advanced training for school personnel that addresses appropriate use of effective alternatives to physical restraint and seclusion and the proper use of restraint and seclusion;
- a statement of the circumstances in which physical restraint and seclusion may be employed, which shall be no less restrictive than that set forth in 8 VAC 20-750-40 and 8 VAC 20-750-50;
- provisions addressing the
 - notification of parents regarding incidents of physical restraint or seclusion, including the manner of such notification;
 - documentation of the use of physical restraint and seclusion;
 - continuous visual monitoring of the use of any physical restraint or seclusion to ensure the appropriateness of such use and the safety of the student being physically restrained or secluded, other students, school personnel, and others. These provisions shall include exceptions for emergency situations in which securing visual monitoring before implementing the physical restraint or seclusion would, in the reasonable judgment of the school personnel implementing the physical restraint or seclusion, result in serious physical harm or injury to persons;
 - securing of any room in which a student is placed in seclusion. These provisions shall ensure that any seclusion room or area meet specifications for size and viewing panels that ensure the student's safety at all times, including during a fire or other emergency; and
 - the appropriate use and duration of seclusion based on the age and development of the student.

The Board reviews this policy at least annually and updates it as appropriate. The Superintendent reviews the procedures at least annually and updates them as appropriate.

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